



SynerG
JOINT PRESERVATION



**YOUR GUIDE TO
JOINT PRESERVATION**

RESTORING FUNCTION.
RELIEVING PAIN.
PRESERVING YOUR
ACTIVE LIFESTYLE.

 EVIDENCE-INFORMED CARE
  ADVANCED BIOLOGICS
  PRECISION TECHNOLOGY
  MEASURABLE OUTCOMES

1 EXCELLENCE DEFINED BY OUTCOMES. POWERED BY PRECISION.

WELCOME

A DIFFERENT PATH FORWARD



Being told you have arthritis or joint damage can be overwhelming. Many patients believe their only options are to “live with it” or undergo joint replacement surgery.

At SynerG™, we believe there is often another step in the treatment pathway.

Our Joint Preservation Program combines expert evaluation, advanced technology, orthobiologic therapies, rehabilitation, and research to help qualified patients reduce pain, improve function, and potentially delay or avoid joint replacement.

Every patient is unique. Our goal is to develop an individualized plan that reflects your diagnosis, lifestyle, and goals.

Frank McCormick

Frank McCormick, MD
Orthopedic Surgeon, Sports Medicine Specialist
Founder, SynerG™ Joint Preservation Program

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**WHAT IS
JOINT PRESERVATION?**

Joint preservation focuses on maintaining the health and function of your natural joint for as long as possible.



 REDUCE PAIN
  IMPROVE MOBILITY
  ENHANCE FUNCTION
  SUPPORT TISSUE HEALING
  OPTIMIZE BIOMECHANICS
  SLOW DISEASE PROGRESSION
  DELAY JOINT REPLACEMENT



THE GOAL: KEEP YOU ACTIVE TODAY AND FOR YEARS TO COME.

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OUR COMPREHENSIVE EVALUATION

A thorough evaluation is the foundation of your personalized treatment plan.

 **EXPERT EXAMINATION**
Detailed orthopedic evaluation by a fellowship-trained specialist.

 **ADVANCED IMAGING**
X-rays, MRI, CT, and ultrasound to accurately diagnose and stage your condition.

 **FUNCTIONAL ASSESSMENT**
Evaluation of strength, movement, balance, biomechanics, and activity limitations.

 **PATIENT-REPORTED OUTCOMES**
Validated questionnaires to measure pain, function, and quality of life.



BETTER INFORMATION. BETTER DECISIONS. BETTER OUTCOMES.

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OUR TREATMENT PHILOSOPHY

Joint preservation is rarely a single injection.

It is a comprehensive, multimodal approach.



INDIVIDUALIZED CARE. DESIGNED FOR YOU.

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ORTHOBIOLOGIC THERAPIES

Your body has the ability to heal. Our goal is to enhance it.

 **PLATELET-RICH PLASMA (PRP)**
Derived from your own blood, PRP contains concentrated platelets and growth factors that may help support healing in selected tendon, ligament, muscle, and joint conditions.

 **BONE MARROW ASPIRATE CONCENTRATE (BMAC)**
Harvested from your own bone marrow, BMAC contains a concentrated mixture of cells and biologic signaling molecules that may help support repair and regeneration.

 **COMBINATION BIOLOGIC THERAPY**
Many patients benefit from a personalized combination of biologic therapies as part of a comprehensive treatment strategy.

Not all therapies are appropriate for every patient. We will discuss the benefits, risks, and alternatives based on your specific condition.

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PRECISION-GUIDED PROCEDURES

Advanced imaging helps improve accuracy and optimize treatment delivery.

 **ULTRASOUND GUIDANCE**
Real-time imaging for precise needle placement.

 **FLUOROSCOPIC GUIDANCE**
X-ray guidance for enhanced accuracy in complex areas.

 **IMAGE-ASSISTED TECHNOLOGY**
Better targeting. Better outcomes.



PRECISION TODAY. BETTER RESULTS TOMORROW.

MEASURING YOUR RECOVERY

Recovery should be measured, not guessed.

 PAIN LEVELS
  FUNCTION & MOBILITY
  RETURN TO ACTIVITY
  QUALITY OF LIFE
  PATIENT SATISFACTION



PatientIQ
OUTCOMES

TRACKING PROGRESS.
IMPROVING CARE.
ADVANCING SCIENCE.

We use PatientIQ® to track your progress and guide treatment decisions every step of the way.

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RESEARCH & INNOVATION

Advancing Care. Improving Outcomes.

SynerG™ is integrated with ongoing clinical research initiatives to advance the future of joint preservation.

 **PROSPECTIVE OUTCOMES REGISTRY**
Tracking real-world results to improve care.

 **CLINICAL RESEARCH STUDIES**
Evaluating new therapies and technologies.

 **DATA DRIVEN INSIGHTS**
Turning data into better decisions.

 **CONTRIBUTE TO THE FUTURE**
Your participation helps advance science and improve care for others.



TOGETHER, WE ARE ADVANCING THE FUTURE OF MUSCULOSKELETAL CARE.

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IS JOINT PRESERVATION RIGHT FOR YOU?

YOU MAY BE A CANDIDATE IF YOU:

- ✓ Have early to moderate arthritis
- ✓ Have tendon, ligament, or cartilage injuries
- ✓ Want to remain active
- ✓ Wish to explore options before joint replacement
- ✓ Want an individualized evaluation

YOU MAY NOT BE A CANDIDATE IF:

- ✗ You have advanced bone-on-bone arthritis
- ✗ You have severe deformity or instability
- ✗ Conservative and biologic treatments have been exhausted
- ✗ You require immediate surgical intervention



A comprehensive evaluation will help determine the best treatment plan for your unique condition.

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THE SYNERG™ DIFFERENCE

 **EXPERT ORTHOPEDIC SPECIALISTS**

 **ADVANCED IMAGING & TECHNOLOGY**

 **PERSONALIZED TREATMENT PLANS**

 **ORTHOBIOLOGIC EXPERTISE**

 **OUTCOMES-DRIVEN CARE**

 **RESEARCH & INNOVATION**



**EXCELLENCE DEFINED BY OUTCOMES.
POWERED BY PRECISION.**

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NEXT STEPS

 **STEP 1 SCHEDULE YOUR CONSULTATION**
Call or visit our website to book an appointment.

 **STEP 2 COMPLETE YOUR EVALUATION**
We will perform a comprehensive assessment and review your options.

 **STEP 3 RECEIVE YOUR PERSONALIZED PLAN**
Together, we will create a plan designed around your goals.



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SCAN TO LEARN MORE
About the SynerG™
Joint Preservation Program.

**YOUR JOINT. YOUR HEALTH. YOUR FUTURE.
WE ARE HERE TO HELP.**

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